



For better
mental health

Mind in Enfield
Advocacy
Service

free

confidential

independent

Mind in Enfield Advocacy Service

Advocacy can help you to:

- have your voice heard,
- express your views and concerns,
- improve your access to services and information,
- defend and promote your rights and responsibilities,
- explore choices and options.

The Advocacy Service is:

- **free**, there are no charges for this service;
- **confidential**, everything you say to the Mind in Enfield advocate will be treated as confidential.
A confidence will only be broken if a client threatens to harm him/herself or others, or threatens to perform an illegal act;
- **independent**.

What the Advocacy Service can do for you:

- provide information to help you make an informed choice;
- put you in touch with other appropriate services;
- write letters on your behalf or help you to write letters to professionals.

If you would like more information about the Advocacy Service please call 020 8887 1499. (This is a 24 hour voice mail service.)

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